



**NHFA**  
**Annual**  
**Report**  
**2013**

*Reforming  
Health Laws to  
Protect Access  
and  
Freedom of Choice*

*\*\*\**

*Truthful Information  
Products  
Holistic Practitioners  
Health Choices*



## A Letter from the President

*Bonita J. Yoder*

June 2014

Dear Health Freedom friends:

The right of all people to make their own choices about their own health care is a sacred right that we hold near and dear. It is what gets us up in the morning and energizes us to do the work we do for health freedom.

Unfortunately, some of the laws in our country create barriers to practice for many holistic practitioners. Practitioners can be shut down for the practice of medicine without a license, or, if they are licensed, for practicing outside of the standard of care for their professions. Manufacturers of dietary supplements and devices are restricted in their ability to let you know what their products can do for your health.

Meanwhile, manufacturers of genetically modified food do not have to let you know that their food contains GMOS. Consumers are often not given enough information on the risks and benefits of pharmaceutical drugs and vaccines.

National Health Freedom Action (NHFA) is working to open up access to the practitioners you need for good health, to the foods and supplements you wish to take, and to the information you need to make the best decisions for yourself and your family.

NHFA has been active in over 30 states to help state health freedom groups get organized and lobby at their state legislatures to address:

- practitioners' rights to practice,
- the right of citizens to give nutritional advice, when legislation is being promoted to license only dietitians,
- the right of parents to exempt their children from vaccines, and to have truthful information on the risks and benefits of vaccines,
- labeling of GMO foods.

To date, nine states have succeeded in passing Safe Harbor legislation, which gives unlicensed practitioners an exemption from medical practice acts so they cannot be charged arbitrarily with the practice of medicine without a license.

We thank you so much for your participation in this work. It takes all of us to make change happen, but change is happening!

With much gratitude,

A handwritten signature in cursive script that reads "Bonita Yoder".

Bonita J. Yoder

President, National Health Freedom Action

# Our Core Work

## Responding to the Public

**NHFA responds daily to calls from around the country.** Calls come from citizens, practitioners, attorneys,

lobbyists, and manufacturers who are worried about the impacts of losing access to desired health care options, including access to such choices as practitioners that might not be readily available in the conventional medical model, access to truthful information about products such as consumers who would like to see genetically modified foods be labeled, and access to avenues of exemption or recourse when governmental entities attempt to mandate health choices such as mandatory vaccines of children or employees.

## Lobbying and Educating Citizens About How to Actively Participate In the Political Process

**NHFA educates citizens by phone, emails and in-person meetings on how to lobby their solutions to get what they need. We coach grassroots activists on how to effectively**

**participate in the political process** by providing advocacy and lobbying training sessions, by participating in strategies and group discussions, researching laws and drafting solutions, and walking side by side with citizens including lobbying and testifying to support their efforts. We often help citizens in state groups from the very beginning stages of when they are incorporating, all the way through to their active stages where they are ready to implement and lobby effective projects to promote health freedom.

## Providing Alerts

**Consumers are daily bombarded with information about health freedom issues,** and many look to NHFA for timely analysis on whether a particular

event or happening will infringe on their health freedoms. We provide alerts and point papers when possible to assist citizens in taking action and understanding issues.

## Building Collaboration in the Health Freedom Community

**NHFA has long held the belief that if we work together we will have a stronger voice for health freedom.** We work closely with our sister educational organization, National Health Freedom Coalition, as well as leaders across the country to promote changes that protect health freedom. We are daily in touch with leaders in small or large group conversations, where leaders can confidentially communicate with each other about key strategies and health freedom issues.

## Global Health Freedom

**NHFA is committed to assessing health freedom issues from a global perspective when time permits. As the world changes and globalization takes hold there are many health freedom issues impacting consumer options in health care.** The proliferation of childhood vaccines in countries across the world, and the vaccine safety issues manifesting is just one example of how the people of the planet must all work together to protect the integrity of individual choice in the context of public needs. Another example of global impact on health freedom is the passage of the Codex Guidelines for Vitamins and Minerals where the assumption that dietary supplements are dangerous drug-like products has manifested and transformed into an international trade guideline. NHFC has attended Codex meetings in Geneva and Rome and stays in contact with the US NGO representing US consumers at Codex, National Health Federation, in order to help strengthen the voice of health freedom internationally.

## NHFA TEAM

**JUDY BUOKER**  
*Administrative Assistant*

**LEO CASHMAN**  
*Accountant*

**DIANE MILLER JD**  
*Director of Law and Public Policy*

**ANNE TENNER JD**  
*Assistant Attorney*

## BOARD OF DIRECTORS

**BONITA YODER JD**  
*President of NHFA*

**BRUCE CURTIS**  
*Vice President*

**LARRY HANUS DDS**  
*Iowa Holistic Dentistry*

**CLINTON MILLER (deceased, July, 2013)**

**ANTHONY STEPHAN**  
*TrueHope Inc.*

**JERRI JOHNSON**

## NHFA Partners with State Health Freedom Groups

### *Protecting the Freedom to Heal!*



Wisconsin State Capitol

**NHFA staff attorneys respond to requests from many state advocacy groups each year.** Citizens are seeking guidance on how to form groups, become politically active to change laws, or make new laws, to protect health freedoms. Whether it is a group advocating for a safe harbor bill to protect access to natural health care practitioners, or access to

raw milk, the labeling of Genetically Modified foods, (GMO's) the right to decline vaccinations and unwanted treatments, the protection against toxic substances such as mercury and fluoride, or environmental dangers such as electromagnetic frequencies, NHFA is on the go to help guide and strategize, to assist regular citizens on how to protect freedoms.

**NHFA assisted many groups in 2013, including:** the **Colorado Sunshine Health Freedom Foundation** in the passage of the Natural Health Consumer Protection Act; **Hawaii**, where citizens are considering a safe harbor bill; **The Illinois Citizens for Health Freedom and the Illinois Colonhydrotherapists** in their work to defeat restrictive Dietitian bills, and to support safe harbor bill drafting to prepare to prevent the prosecution of unlicensed natural health practitioners including colon hydro therapists; **Health Freedom**



Members of I-ACT and Illinois Citizens for Health Freedom

**Action Massachusetts**, preparing for introduction of a safe harbor bill; **Michigan Health Freedom Coalition**, to support the repeal of a very restrictive Dietitian law, and also working to pass a safe harbor bill; **Missouri** beginning work

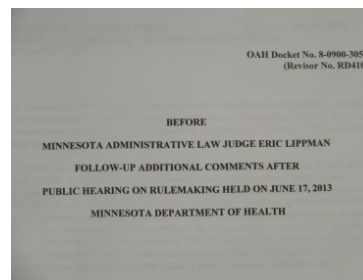
for safe harbor; **Nevada** working on introduction of a safe harbor bill; the **New Jersey Natural Healing Alliance**, responding

to recent threats against the right of Reiki practitioners to practice, and a larger, safe harbor effort; **North Carolina Citizens for Health Freedom**, protecting the freedom of speech infringed upon by an aggressive Dietetics Board that investigated a regular citizen for sharing nutrition information; **Ohio Sunshine Health Freedom Foundation** working to move the safe harbor bill through the Senate that already passed the House last session; **Pennsylvania Health Freedom Coalition**, monitoring a Naturopathic Doctor bill to make sure it continues to contain exemptions protecting the right of traditional unlicensed naturopaths, herbalists and homeopaths to practice; **Virginians For Health Freedom**, laying the ground work for the reintroduction of their safe harbor bill; and **Wisconsin Health Freedom Coalition**, responding to repeated introductions of restrictive Dietitian licensing bills and preparing to introduce a safe harbor bill. In addition NHFA is supporting **California**

**Citizens for Health Freedom** in their efforts to pass a bill to protect the right of holistic medical doctors to provide alternative treatments; the



**Washington Right to Know** effort to mandate labeling of GMO foods; and the **Vaccine Safety Council of MN, Vaccine Awareness Minnesota, Dental Amalgam Mercury Solutions, and the Canary Party**, to oppose more mandatory vaccines for Minnesota children. NHFA dedicated hundreds of hours of research and drafting to a legal white paper (not yet published) laying out the constitutional challenges to the government's authority to mandate physical invasion of the bodies of its citizens for a government goal of disease prevention. NHFA supports the right of all humans to be in charge of any treatments they might choose for themselves or their children, and opposes forced treatments, even in the face of martial law.



**NHFA Submission to Minnesota Administrative Law Judge challenging the constitutionality of continued increases in childhood vaccine schedules.**



Jan Kerschner  
President, Colorado  
Sunshine Health Freedom  
Foundation



Nate Gorman, CSHFF Lobbyist  
Jackie Pinkham, CSHFF Treasurer  
At the Colorado State Capitol

**Congratulations to Colorado**, for the passage of the 2013 Colorado Natural Health Consumer Protection Act, a safe harbor bill protecting access to natural health care practitioners for Coloradoans. What a grand accomplishment! NHFA worked hard to assist and support Colorado Sunshine Health Freedom Foundation’s role. Thank you to Colorado Natural Health Coalition and Colorado Sunshine Health Freedom Foundation for their tireless efforts over the past eight years to get a health freedom bill successfully passed. Colorado is the ninth

state to have protection of natural health care practitioners using natural and complementary and alternative health care approaches. Other states that have safe harbor laws are: Minnesota, Rhode Island, California, Louisiana, Oklahoma, Idaho, Arizona, and New Mexico.

**NHFA Bids Farewell to beloved Health Freedom Heroes  
Clinton Ray Miller and Robert D. Irons, who passed away in 2013**



Robert Irons and Clinton Ray Miller at 2006  
World Health Freedom Assembly

**Clinton Ray Miller**, board member for NHFA, was known by many as the “Father of Health Freedom”. He held the conviction that “Health Freedom is second only to Religious Freedom,” and this belief was the foundation of his life’s work. Clinton represented National Health Federation (NHF) in Washington, DC, for nearly 40 years. He contributed greatly to passage of the Proxmire bill, prohibiting the FDA from setting upper limits of dosages for vitamins, and the 1994 Dietary Supplement Health and Education Act, (DSHEA), establishing that all dietary supplements are to be regulated as nutrients and foods, and not as drugs. We are indebted to Clinton Miller for his leadership, and his lifetime of teaching thousands of Americans, and we will continue his work for health freedom.

**Robert D. Irons**, Board Member for NHFC, was Chairman of the Drafting Committee for the International Declaration of Health Freedom. The son of Victor Irons and Julia Wintar Irons, Robert walked firmly in his parents’ footsteps, earning a PhD in Nutritional Immunology, researching and educating many on nutrition, and standing up for health freedom. Robert worked for his family’s nutritional supplement company, V.E. Irons Inc., founded in 1946 by his father, Victor Earl Irons, renowned health freedom leader.

**Diane Miller**



**Diane Miller, JD, NHFC and NHFA’s Director of Law and Public Policy, received two prestigious awards in 2013.** In August she was chosen by National Health Federation, the country’s oldest health freedom organization and our voice at Codex, to receive their annual **Health Freedom Hero Award**. In November, Diane had the distinct honor of receiving the first place **David Chow Humanitarian Foundation Award**, which honors a select few humanitarians each year, that unselfishly promote “man’s humanity towards man,” and “Improve the Quality of human Life.”



Diane Miller with NHF Board Members,  
Sherokee Ilse, Kat Carroll, and Scott Tips  
JD



# NATIONAL HEALTH FREEDOM ACTION

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 E-mail: [info@nationalhealthfreedom.org](mailto:info@nationalhealthfreedom.org)  
[www.nationalhealthfreedom.org](http://www.nationalhealthfreedom.org)

## Board of Directors

Bruce Curtis  
 Larry Hanus  
 Jerri Johnson  
 Anthony Stephan  
 Bonita Yoder

## Financial Statements for 2013

### Statement of Revenue and Expense

#### REVENUE:

Grants	75392
Contributions	1920
Memberships	610
Interest Revenue	1
<b>TOTAL REVENUE</b>	<b>77923</b>

#### EXPENSE:

Wages	66540
Payroll taxes & benefits	5686
Contracted services	2048
Supplies and merchant fees	1398
Postage, copying and printing	365
Telephone	1783
Rent and utilities	4808
Action alert expense	1800
Travel & transportation	604
Lodging and food	507
Insurance	161
Direct lobbying costs	40
Filing fees and miscellaneous expense	50
<b>TOTAL EXPENSE</b>	<b>85790</b>

**NET, REVENUE OVER EXPENSE -7867**

### Balance Sheet – December 31, 2013

#### ASSETS:

Cash	5379
<b>TOTAL ASSETS</b>	<b>5379</b>

#### LIABILITIES:

Accounts Payable	2062
Payroll taxes owed	4000
Loans and miscellaneous payables	322
<b>TOTAL LIABILITIES</b>	<b>6384</b>

#### NET ASSETS:

Program restricted net assets	4146
Unrestricted net assets	-5151
<b>TOTAL NET ASSETS</b>	<b>-1005</b>

**TOTAL LIABILITIES & NET ASSETS 5379**

*Our United Vision*

*A healthy nation, with empowered people,  
 making informed health care decisions.*

National Health Freedom Action gratefully acknowledges those whose gifts support our work, and our health freedoms.

January 1, 2013 – December 31, 2013

**\$63,000 Grant**

Sunshine Health Freedom Foundation

**\$200 to \$499**

Richard Dietrich  
V E Irons, Inc

**\$100 to \$199**

Larry Hanus  
John Herr  
Louisiana Health Freedom Coalition  
Minnesota Homeopathic Association  
Kirsten Potter  
Marge Roberts  
Anonymous (3 donors)

**\$1 to \$99**

Lois Baker  
Gerhard Bedding  
Nancy Fedraw  
Rosanne Friedenfels  
Irving Lenard Johnson  
Olga Chyle Jung  
Frank and Rosalinda Lewis  
Valerie Nixon  
Jennifer Stella  
Steve Waldstein  
Anonymous (8 donors)

## Mission Statement of National Health Freedom Action

To ensure that the people of this nation have access to the broad domain of healing and health care information and services, to ensure the right of practitioners of the healing arts to practice, and to educate the public, promote health and well-being, conduct surveys and research, and participate in legislative, regulatory, legal, or public policy-reform and lobbying to accomplish the goal of health freedom.

# ***National Health Freedom Action***

***A 501(c)4 non-profit advocacy organization***  
***"promoting freedom of access to health care"***

***Our Vision:*** *A healthy nation, with empowered people, making informed health care decisions.*

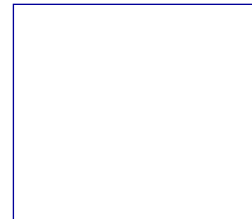
***Our Mission:*** *To ensure that the people of this nation have access to the broad domain of healing and health care information and services, to ensure the right of practitioners of the healing arts to practice, and to educate the public, promote health and well-being, conduct surveys and research, and participate in legislative, regulatory, legal, or public policy-reform and lobbying to accomplish the goal of health freedom.*

***Working nationally, internationally, and statewide to ensure your  
Health Freedom!***

***Join us and help us ensure your health care choices.***  
***[www.nationalhealthfreedom.org](http://www.nationalhealthfreedom.org)***

## **National Health Freedom Action**

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